



**LAC
DMH**
LOS ANGELES COUNTY
DEPARTMENT OF
MENTAL HEALTH

DMH and the Affordable Care Act (ACA)

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Los Angeles County Department of Mental Health
September 17, 2014

LAC DMH and the ACA – Year 1

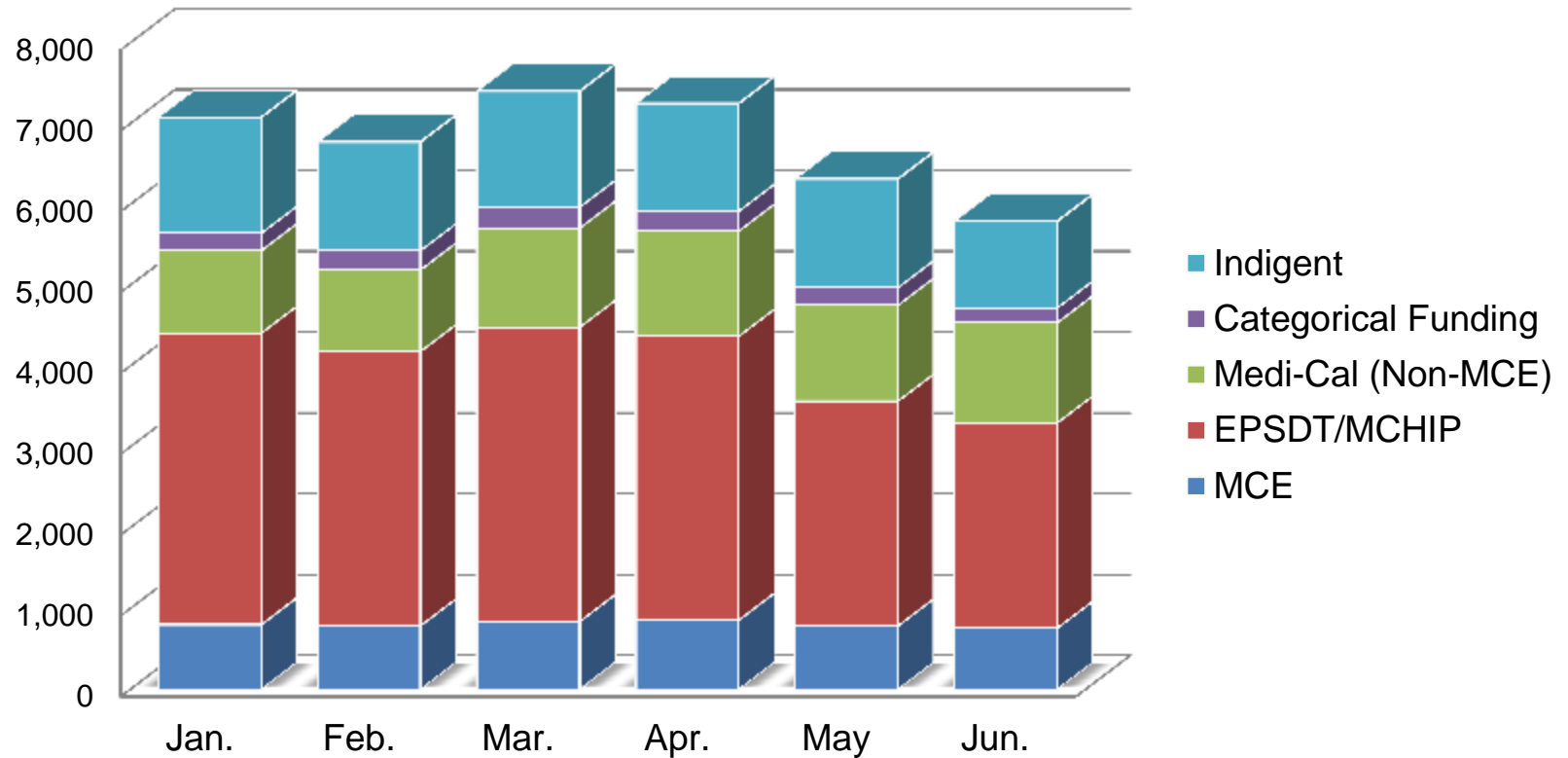
Our Goals

- Ensure service capacity and access
- Enroll clients in benefits to which they are entitled
- Develop Health Neighborhoods
- Enhance our workforce
- Use technology



Service Capacity & Access

FY 2014 New Clients by Month by Funding Type Outpatient Claims



“New clients” identified as no service in last 12 months

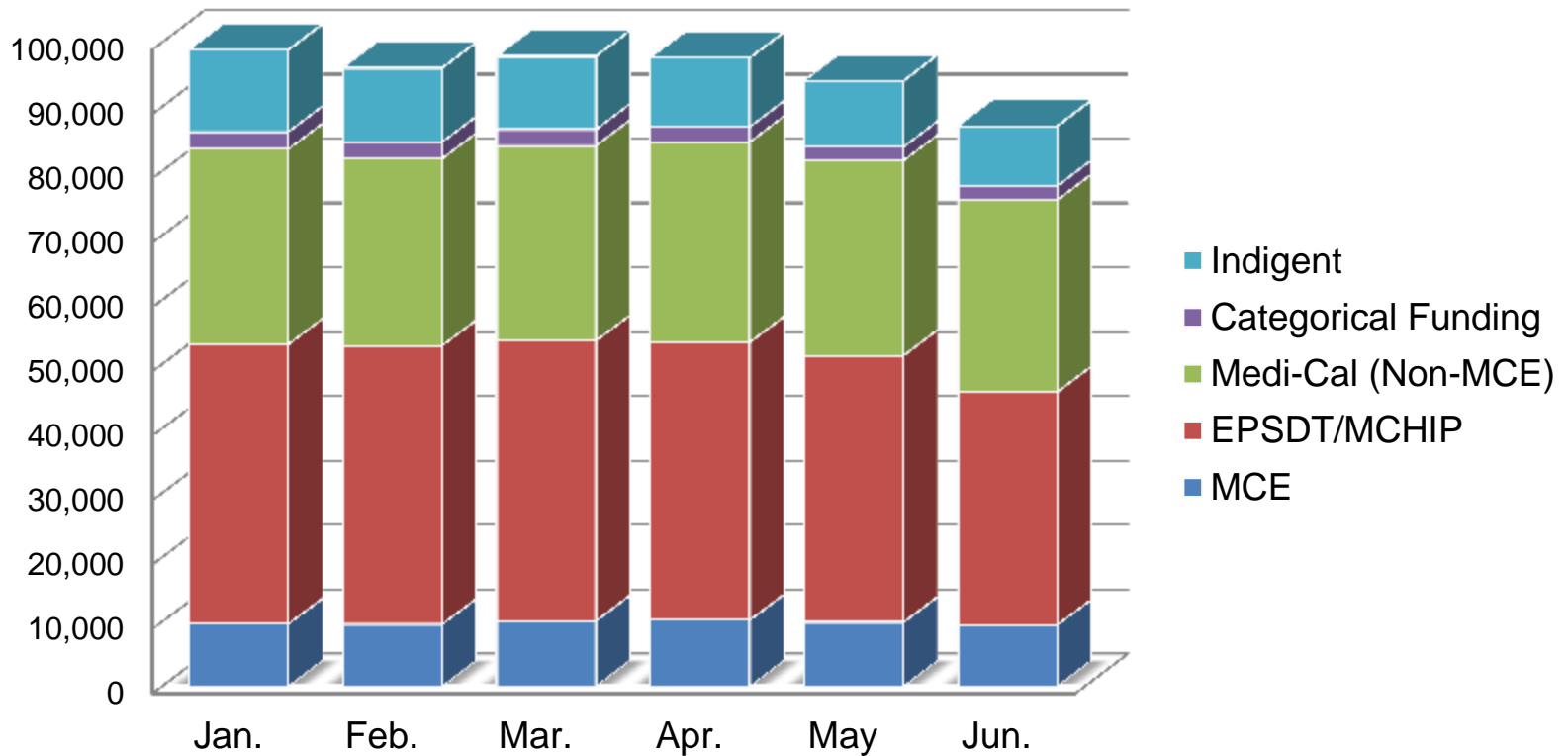
“Categorical Funding” includes CalWORKs, SAMHSA, etc.

“Medi-Cal (Non-MCE)” includes all Medi-Cal, including Medi-Medi, except for MCE

“MCHIP/EPSTDT” includes former Healthy Families program and MCHIP-only

Service Capacity & Access

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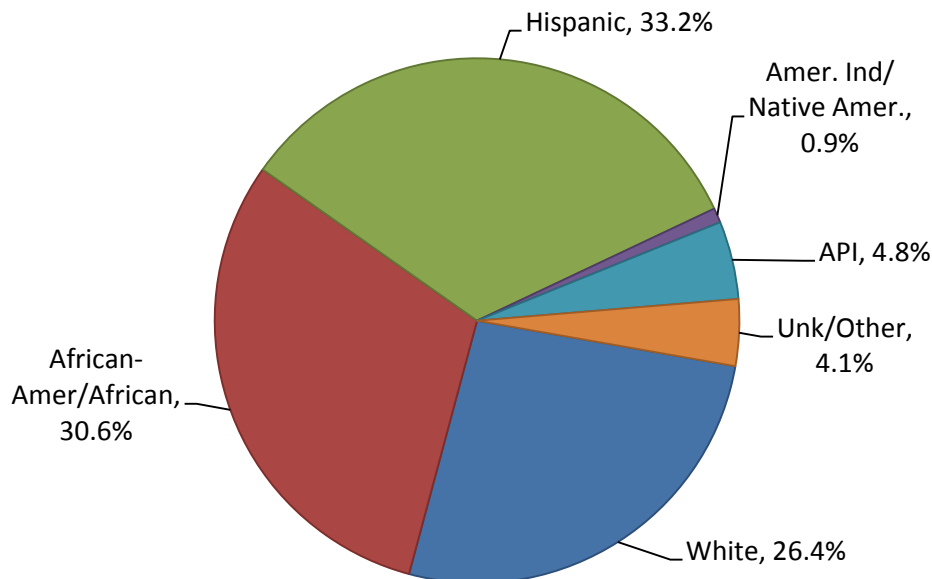
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Service Capacity & Access:

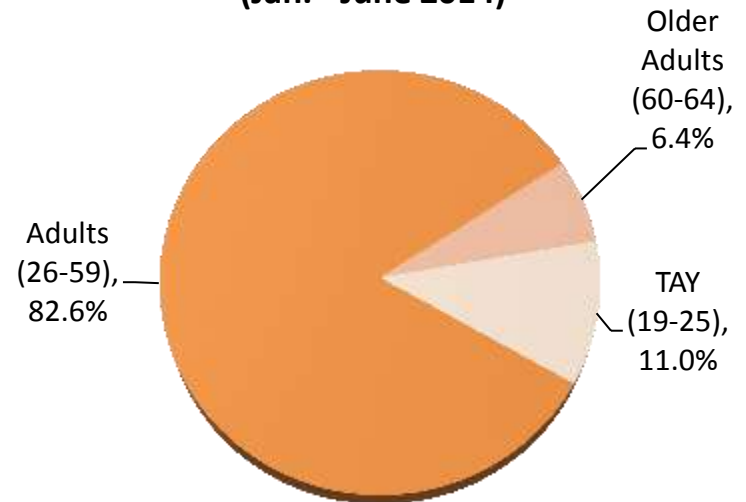
Medi-Cal Expansion (MCE) Demographics and Services

- As of July 2014, the total number of MCE-eligible in L.A. County was 462,000
(28.6% with a primary language other than English)
- DMH served 17,663 unique MCE clients from January to June 2014
(Approximately 95% were formerly enrolled under the HWLA/LIHP program)

**Fig. 1 Ethnicity of MCE DMH Clients Served
(Jan. - June 2014)**



**Fig. 2 Age Group of MCE Clients Served
(Jan. - June 2014)**



Service Capacity & Access:

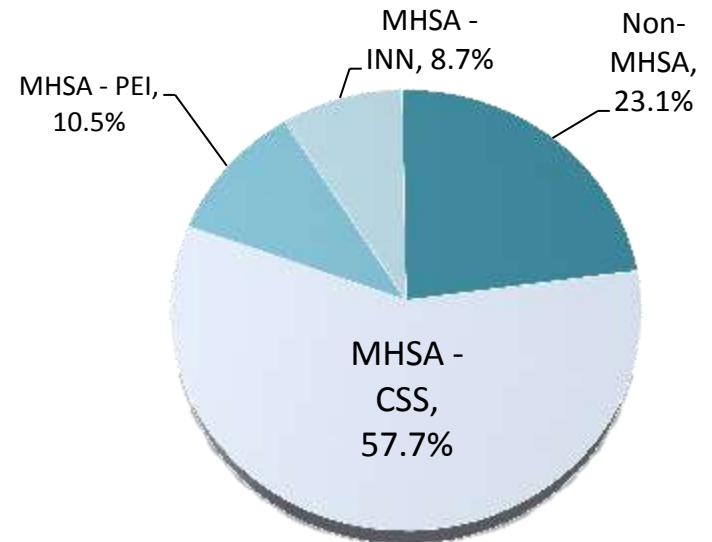
Medi-Cal Expansion (MCE) Demographics and Services

Estimated Gross Costs and Funded Program, Fiscal Year 2013-14

Estimated DMH MCE Monthly
Service Utilization (Jan. – June 2014)

MCE Only	Avg. Monthly Gross Costs	Avg. Monthly Clients Served	Avg. Monthly Cost per Client
DMH & Legal Entities	\$6,495,487	9,654	\$673
FFS Medi-Cal Outpatient	\$45,819	354	\$129
FFS Medi-Cal Inpatient	\$993,116	389	\$2,553

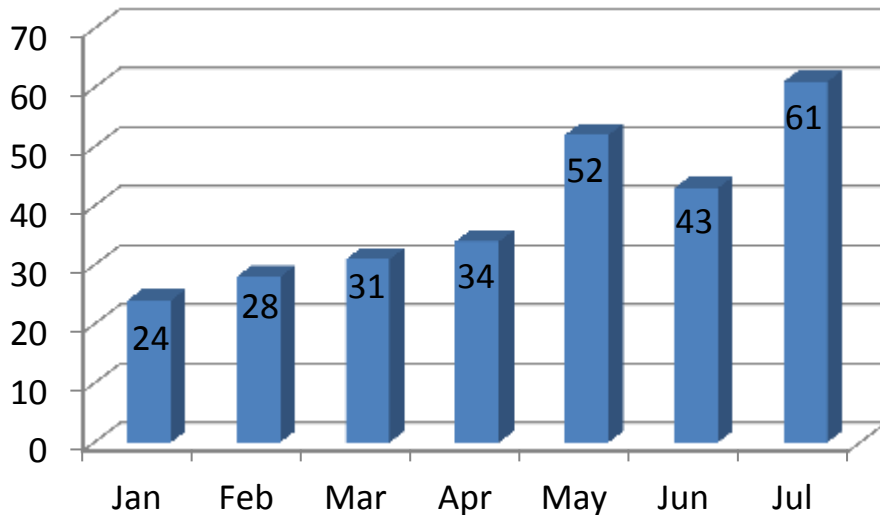
**Fig. 3 Percent of Avg. Monthly Gross Cost by
Funded Program Category
(MCE DMH Clients Only – non-FFS)**



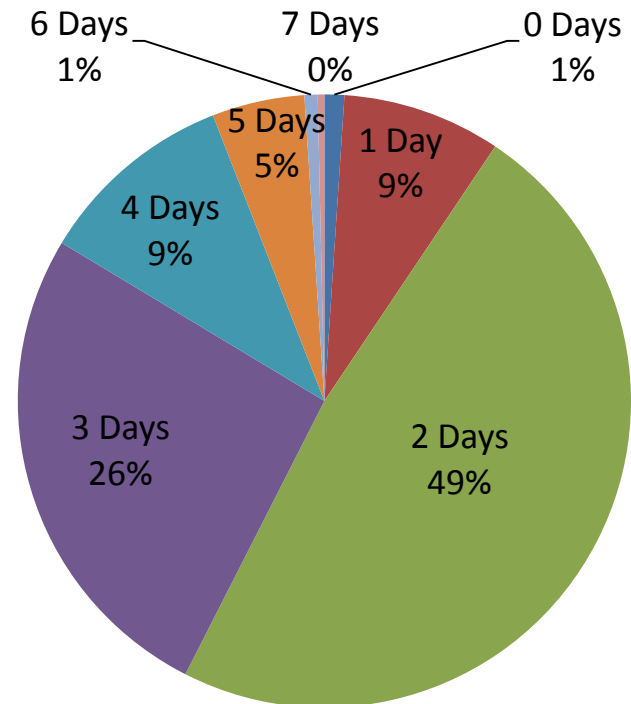
Service Capacity & Access: Urgent Appointments

Referrals from Medi-Cal Managed Care Plans for Urgent Appointments

Total Number of Urgent
Referrals per Month



Number of Days from Referral to Initial
Appointment



Service Capacity & Access:

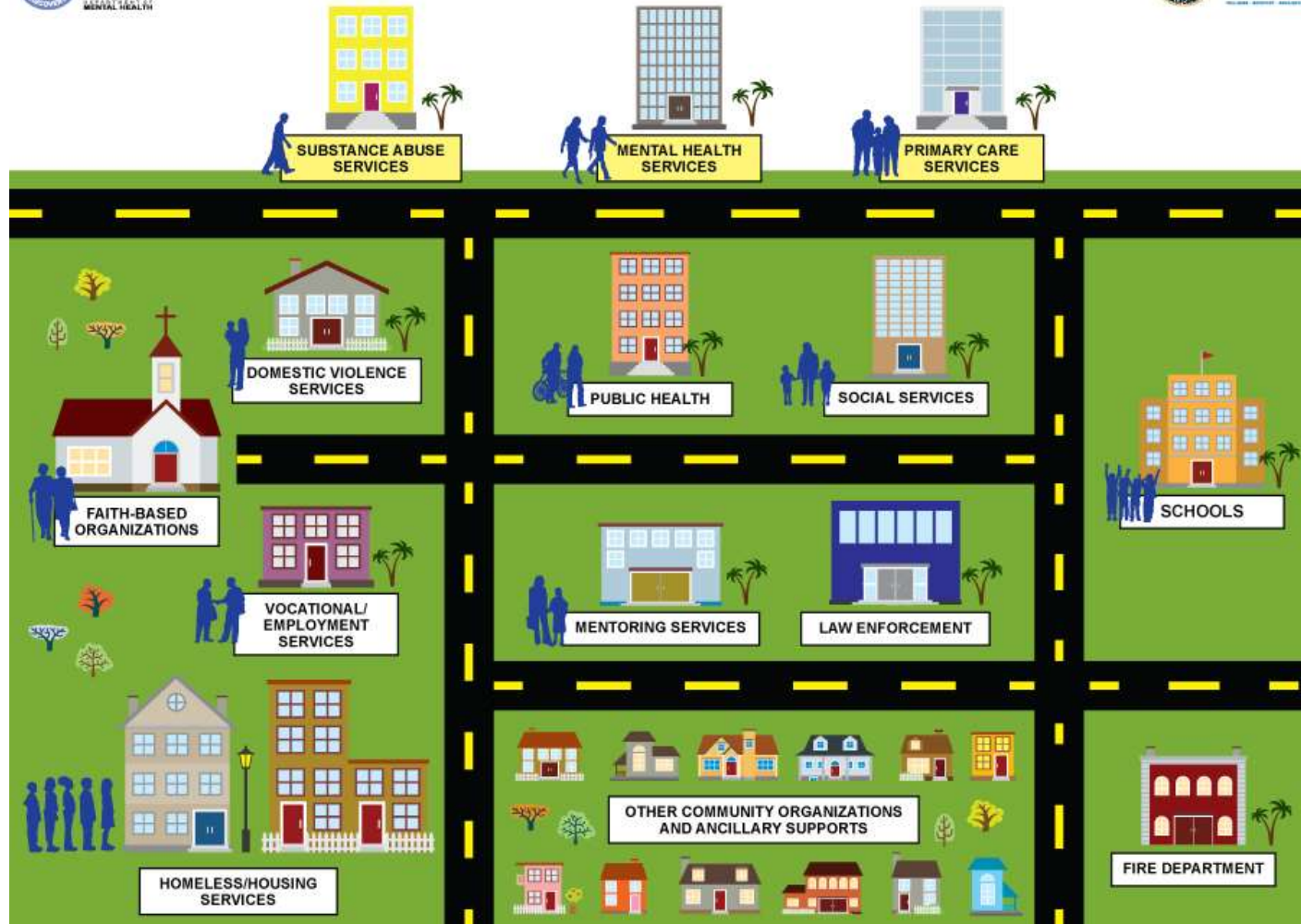
Medi-Cal Expansion (MCE) Enrollment Strategies

- **DHCS Outreach & Enrollment Grant**
 - Five LA County Departments target hard-to-reach MCE-eligible populations
 - DMH contracted with two benefits establishment agencies each assigned to cover four of eight service areas
 - Strategies include
 - *In-reach* (clients in care)
 - *Outreach* (NAMI, faith-based organizations, homeless shelters, college Disabled Student Centers, and TAY Drop-in Centers)
- **Hospital Presumptive Eligibility partnership with DHS to expedite enrollment for eligible DMH clients**

Organizing Service Delivery: Health Neighborhoods

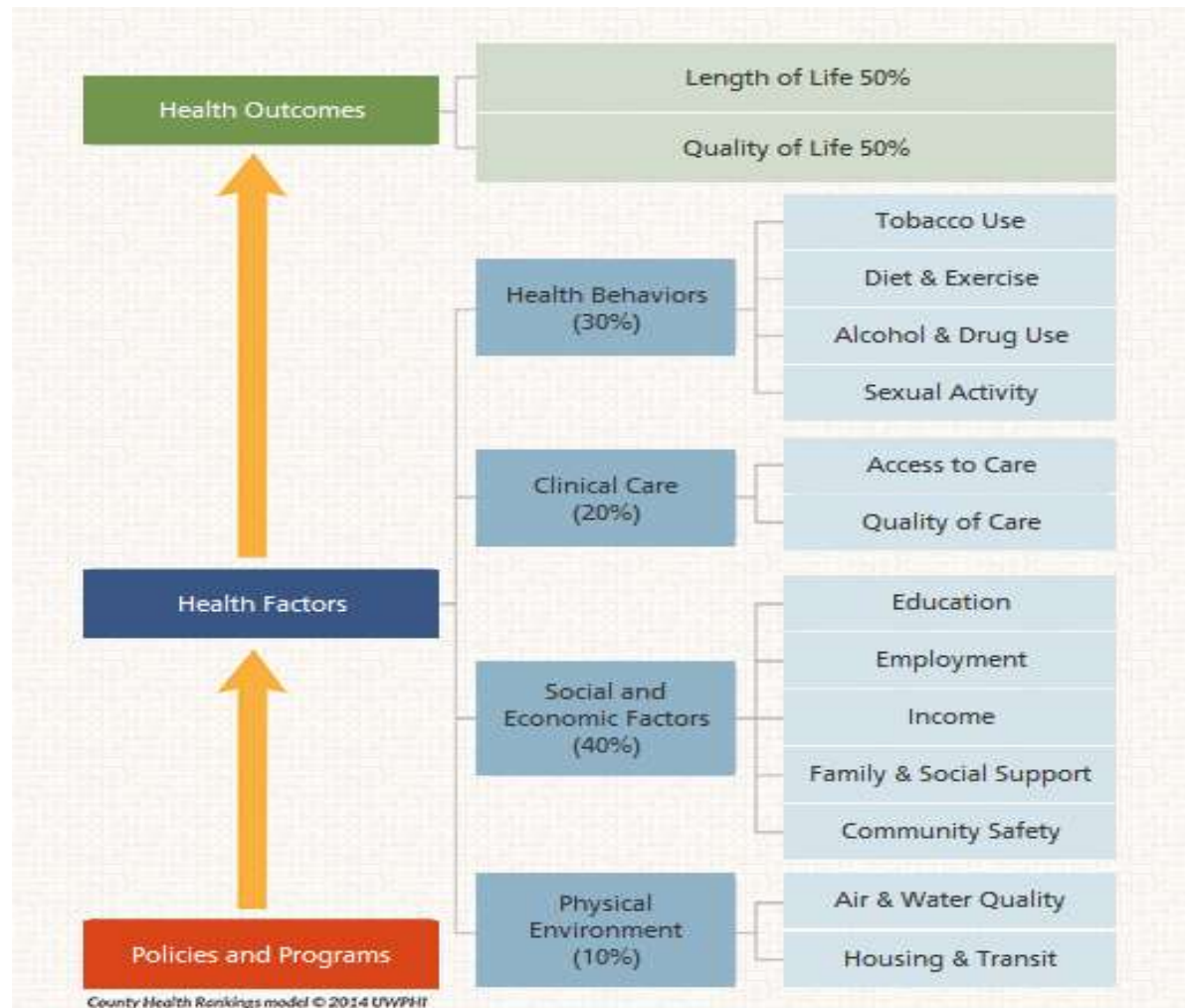


LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH
HEALTH NEIGHBORHOOD CONCEPTUAL FRAMEWORK (04/29/2013)



Organizing Service Delivery: Health Neighborhoods

Contributing
Factors to
Healthy
Communities



Source: University of Wisconsin Population Health Institute. County Health Rankings 2013. Accessible at www.countyhealthrankings.org.

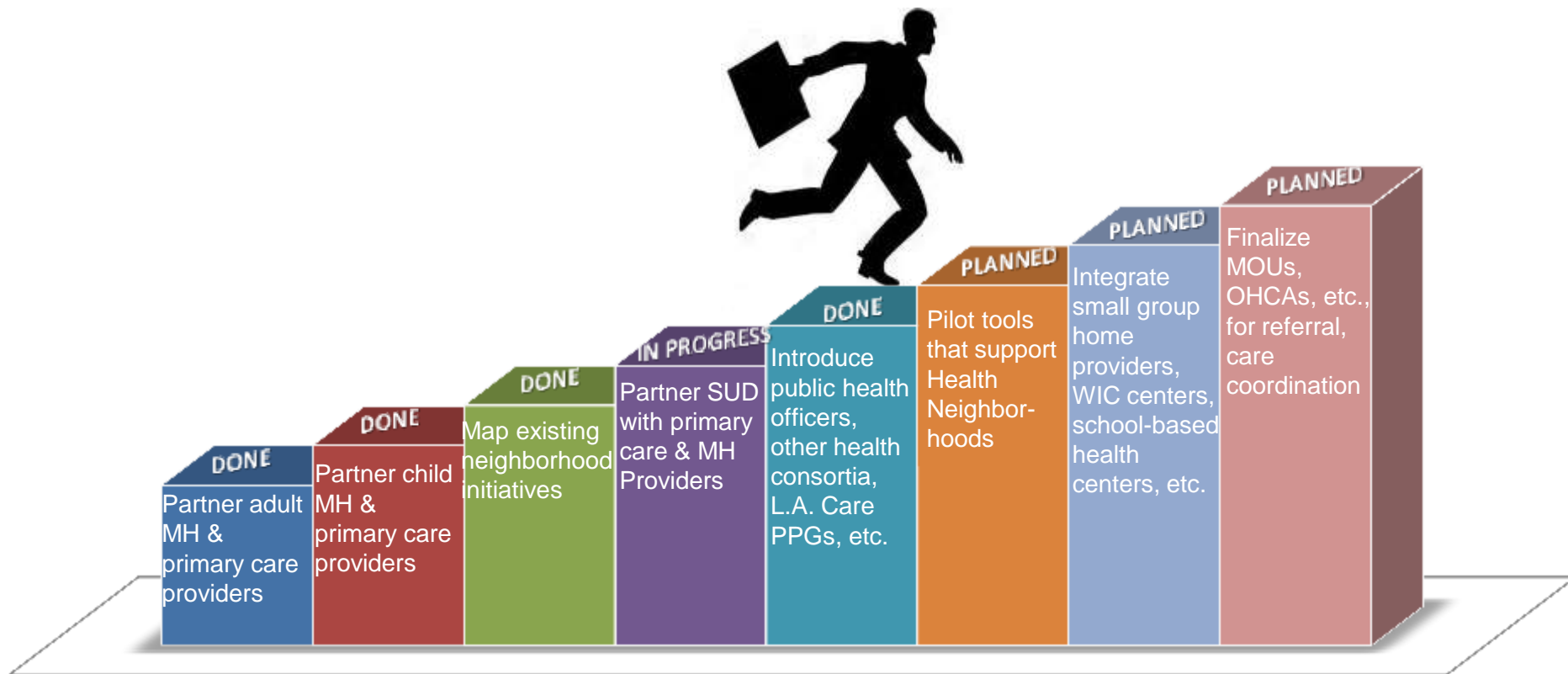
Organizing Service Delivery: Health Neighborhoods



Service Delivery Model

- Improve **access** to core health, mental health and substance use disorder services
- Improve **effectiveness** of services through enhanced care coordination
- Improve **client experience of care** through enhanced communication among providers

Organizing Service Delivery: Health Neighborhoods



Organizing Service Delivery: Health Neighborhoods

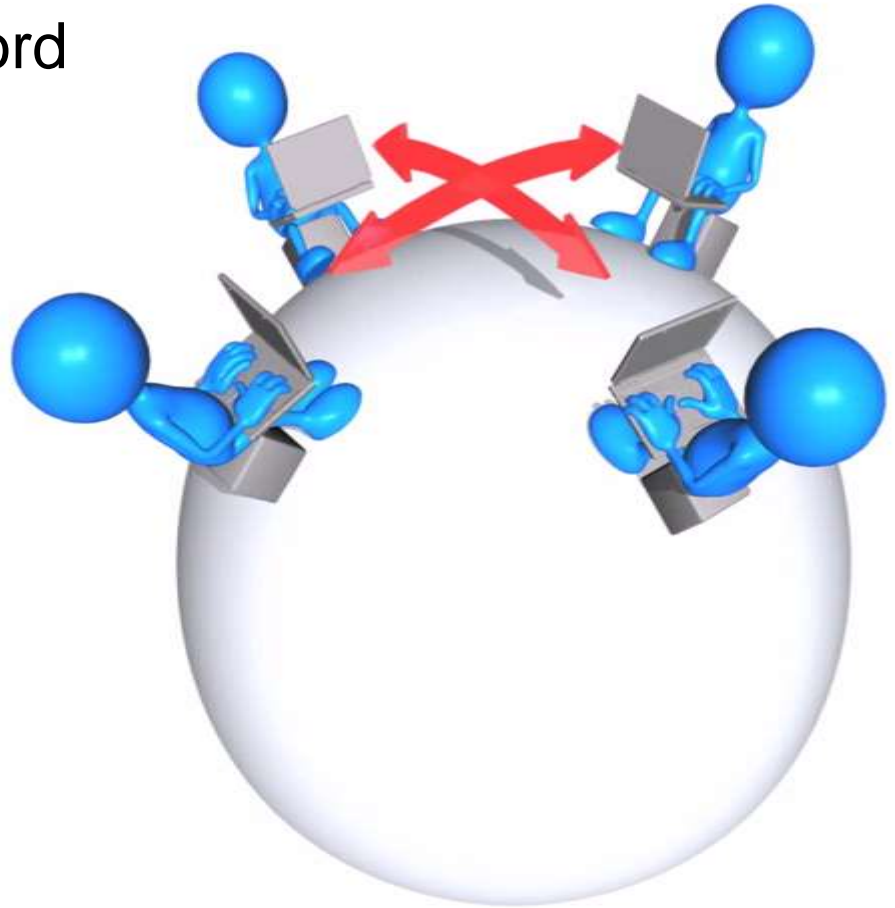
Five Pilot Health Neighborhoods

- Service Area 1 – Lancaster
- Service Area 2 – Pacoima
- Service Area 4 – Boyle Heights
- Service Area 6 – MLK/Watts/Willowbrook
- Service Area 8 – Central Long Beach



Enhancing Technological Capabilities

- Electronic Health Record
- eConsult
- Telepsychiatry
- Tele-Mental Health



Workforce Development

Enhance and Expand Skills of Existing Workforce

Health 101 (Directly-operated programs only)

Programs completed training	57
Percent of programs	88%
Staff completed training	1,689

Mental Health Integration Program (MHIP)

Directly-operated staff	68
Contracted staff	310
Total trained	378

Foundations of Behavioral Medicine

Individual CBT (Directly-operated & contracted staff)

Commitment to train 20 cohorts of 100 clinicians FY 13/14 – FY 16/17 2,000

Staff trained since November 2013 184

Staff who successfully completed 6-month program and are moving to certification 154

3 more cohorts to be trained by March 2015 300

Workforce Development

Expand the Workforce

Peer Career Ladder



6. Collect outcomes
5. Service delivery
4. Training
3. Recruitment
2. Request positions
1. Identify Classifications

Health Navigation Training (Directly-operated & contracted staff)	
USC Health Navigator Training	76
Active Health Navigators	59 (78%)
WERC Health Care Worker Model	70
Total trained	146

Educating the Community

Mental Health First Aid (MHFA)	
Directly-operated & contracted staff	415
Other county departments	147
Community members ¹	918
Total trained	1,480

¹Includes community residents, faith-based organizations, community-based organizations, health services, probation and law enforcement.

Emotional CPR	
Train-the-trainer	15
Cohort 1 (Spanish)	24
Cohort 2 (English)	19
Total trained	57

Faith-based Organizations	
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